

COLLECT

Almighty God,
whose Son Jesus Christ fasted forty
days in the wilderness,
and was tempted as we are, yet without
sin:

give us grace to discipline ourselves
in obedience to your Spirit;
and, as you know our weakness,
so may we know your power to save;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.


FIRST READING

Deuteronomy 26:1-11

A reading from the book of Deuteronomy.

Moses spoke to the people, saying:
When you have come into the land that
the LORD your God is giving you as an
inheritance to possess, and you possess
it, and settle in it, you shall take some
of the first of all the fruit of the ground,
which you harvest from the land that
the LORD your God is giving you, and
you shall put it in a basket and go to
the place that the LORD your God will
choose as a dwelling for his name. You
shall go to the priest who is in office
at that time, and say to him, "Today I
declare to the LORD your God that I
have come into the land that the LORD
swore to our ancestors to give us."
When the priest takes the basket from
your hand and sets it down before the
altar of the LORD your God, you shall
make this response before the LORD
your God: "A wandering Aramean
was my ancestor; he went down into
Egypt and lived there as an alien, few in
number, and there he became a great
nation, mighty and populous. When
the Egyptians treated us harshly and
afflicted us, by imposing hard labour
on us, we cried to the LORD, the God
of our ancestors; the LORD heard our
voice and saw our affliction, our toil,
and our oppression. The LORD brought
us out of Egypt with a mighty hand and
an outstretched arm, with a terrifying
display of power, and with signs and
wonders; and he brought us into this
place and gave us this land, a land
flowing with milk and honey. So now I
bring the first of the fruit of the ground
that you, O LORD, have given me." You
shall set it down before the LORD your
God and bow down before the LORD

your God. Then you, together with
the Levites and the aliens who reside
among you, shall celebrate with all the
bounty that the LORD your God has
given to you and to your house.

PSALM Psalm 91:1-2. 9-end 
[or 91:1-11]

R *Keep me as the apple of your eye.*

Whoever dwells in the shelter of the
Most High
and abides under the shadow of the
Almighty,
Shall say to the Lord, 'My refuge and
my stronghold,
my God, in whom I put my trust.' **R**

For he shall deliver you from the snare
of the fowler
and from the deadly pestilence.
He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and
buckler. **R**

You shall not be afraid of any terror by
night,
nor of the arrow that flies by day;
Of the pestilence that stalks in darkness,
nor of the sickness that destroys at
noonday. **R**

Though a thousand fall at your side
and ten thousand at your right hand,
yet it shall not come near you.
Your eyes have only to behold
to see the reward of the wicked. **R**

Because you have made the Lord your
refuge
and the Most High your stronghold,
There shall no evil happen to you,
neither shall any plague come near your
tent.
For he shall give his angels charge over
you,
to keep you in all your ways. **R**

SECOND READING

Romans 10:8b-13

A reading from the letter of Paul to the Romans.

What does scripture say? "The word
is near you, on your lips and in your
heart" (that is, the word of faith that
we proclaim); because if you confess
with your lips that Jesus is Lord and
believe in your heart that God raised
him from the dead, you will be saved.
For one believes with the heart and so
is justified, and one confesses with the

mouth and so is saved. The scripture
says, "No one who believes in him
will be put to shame." For there is no
distinction between Jew and Greek; the
same Lord is Lord of all and is generous
to all who call on him. For, "Everyone
who calls on the name of the Lord shall
be saved."

GOSPEL Luke 4:1-13

Hear the gospel of our Lord Jesus Christ according to Luke.

Jesus, full of the Holy Spirit, returned
from the Jordan and was led by the
Spirit in the wilderness, where for forty
days he was tempted by the devil.
He ate nothing at all during those
days, and when they were over, he
was famished. The devil said to him,
"If you are the Son of God, command
this stone to become a loaf of bread."
Jesus answered him, "It is written, 'One
does not live by bread alone.'" Then
the devil led him up and showed him
in an instant all the kingdoms of the
world. And the devil said to him, "To
you I will give their glory and all this
authority; for it has been given over to
me, and I give it to anyone I please.
If you, then, will worship me, it will all
be yours." Jesus answered him, "It is
written, 'Worship the Lord your God,
and serve only him.'" Then the devil
took him to Jerusalem, and placed
him on the pinnacle of the temple,
saying to him, "If you are the Son of
God, throw yourself down from here,
for it is written, 'He will command his
angels concerning you, to protect you,'
and 'On their hands they will bear you
up, so that you will not dash your foot
against a stone.'" Jesus answered him,
"It is said, 'Do not put the Lord your
God to the test.'" When the devil had
finished every test, he departed from
him until an opportune time.

POST COMMUNION

Lord God,
you have renewed us with the living
bread from heaven;
by it you nourish our faith,
increase our hope,
and strengthen our love:
teach us always to hunger for him
who is the true and living bread,
and enable us to live by every word
that proceeds from out of your mouth;
through Jesus Christ our Lord.



Keep me as the ap - ple of your eye.