

### COLLECT

Almighty Father,  
whose will is to restore all things  
in your beloved Son, the King of all:  
govern the hearts and minds of  
those in authority,  
and bring the families of the nations,  
divided and torn apart by the  
ravages of sin,  
to be subject to his just and gentle rule;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### FIRST READING

Jonah 3:1-5. 10

*A reading from the book of Jonah.*

The word of the LORD came to Jonah, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

### PSALM Psalm 62:5-14

*R* Wait on God alone in stillness,  
O my soul.

Wait on God alone in stillness,  
O my soul;  
for in him is my hope.  
He alone is my rock and my  
salvation,  
my stronghold, so that I shall not  
be shaken.



In God is my strength and my glory;  
God is my strong rock; in him is  
my refuge. *R*

Put your trust in him always, my  
people;  
pour out your hearts before him,  
for God is our refuge.  
The peoples are but a breath,  
the whole human race a deceit;  
on the scales they are altogether  
lighter than air.  
Put no trust in oppression; in  
robbery take no empty pride;  
though wealth increase, set not  
your heart upon it. *R*

God spoke once, and twice have I  
heard the same,  
that power belongs to God.  
Steadfast love belongs to you,  
O Lord,  
for you repay everyone according  
to their deeds. *R*

### SECOND READING

Hebrews 9:24-28

*A reading from the letter to the Hebrews.*

Christ did not enter a sanctuary  
made by human hands, a mere  
copy of the true one, but he entered  
into heaven itself, now to appear in  
the presence of God on our behalf.  
Nor was it to offer himself again  
and again, as the high priest enters  
the Holy Place year after year with  
blood that is not his own; for then he  
would have had to suffer again and  
again since the foundation of the  
world. But as it is, he has appeared  
once for all at the end of the age  
to remove sin by the sacrifice of  
himself. And just as it is appointed  
for mortals to die once, and after  
that the judgement, so Christ, having  
been offered once to bear the sins of  
many, will appear a second time, not  
to deal with sin, but to save those  
who are eagerly waiting for him.

### GOSPEL Mark 1:14-20

*Hear the gospel of our Lord Jesus Christ according to Mark.*

After John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news." As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake – for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

### POST COMMUNION

God of peace,  
whose Son Jesus Christ proclaimed  
the kingdom  
and restored the broken to  
wholeness of life:  
look with compassion on the  
anguish of the world,  
and by your healing power  
make whole both people and  
nations;  
through our Lord and Saviour  
Jesus Christ.